

Dinner Time

Served Happily after 4 PM

GRILL ME

Grilled Steak Du Jour* ⑤

Cut and size changes daily. Ask your server for today's selection. Served with potato du jour and house veggies. Five Large Shrimps can be added.

Mixed Up Grille* ⑤

Change daily, always fresh, always good! Served with Jamaican jerk paste, house veggies, and potato du jour.

Grilled BBQ St. Louis Ribs

Rack of tender pork ribs with Caribbean BBQ sauce. Served with potato du jour and house veggies.

Fish O' the Day

Swimming this morning, on your plate this evening.

Goombays Tuna Oscar* ⑤

Fresh local tuna steak fillet prepared to order. Served over mashers and topped with lump crab meat, grilled asparagus, and lemon beurre blanc.

⑤ Goombays assembled this menu for our gluten intolerant guests. Although we take precautions, we cannot guarantee these items will not come in contact with some rogue gluten during preparation. We therefore make no guarantees regarding the gluten content of these items.

Locals Love 'em!



Crab Cake Dinner

Lump crab meat golden fried to perfection. Served with fire roasted corn salsa, black beans, rice, & veggies, and tomato remoulade sauce.

Goombays Tantalizing Asian Stir Fry

Changes daily.

Cabaret Shrimp

Dominican inspired, jumbo shrimp in garlic cream with a hot loaf of bread for dipping and today's veggie.

Pecan Fried Grouper

Fresh grouper dusted in pecans and fried. Served with cranberry chutney, black beans, rice and veggies.

Fried Shrimp

Golden fried large shrimp with our house-made cocktail sauce, french fries and coleslaw.

CARIBBEAN CREATIONS

Served black beans, rice and today's veggie.

Jazzy Chicken

Twin breasts dredged in coconut, fried, and topped with pineapple cream sauce. Half order (One breast) or Full order (Two breasts)

Seafood Kingston

The freshest fish or shellfish sauteed with Jamaican Jerk spice, coconut cream, bananas, and de-glazed with dark rum. (You'll love it, mon!)

Curry Chicken or Shrimp

A spicy treat, sauteed in a curry coconut milk cream sauce with banana, raisins and coconut. With chicken or shrimp.

PASTABILITIES

Caribbean Creole Pasta

Shrimp and andouille sausage with spicy tomato broth and bell peppers, and onions over pasta noodles.



Rasta Pasta

Fresh fettuccine pasta tossed in alfredo sauce with red, green, and yellow veggies. Add shrimp or with chicken.

STEAMED & RAW BAR

Served Anytime

Steamed food is prepared behind the bar, not in the kitchen. We will do our best to present all food at the same time, but please be aware it may arrive separately.

Steamed and raw bar items are accompanied by cocktail sauce, butter, and lemon only.

"Market Price" – please check with your server.

All steamed and raw bar food is gluten free. (Our homemade cocktail sauce contains gluten.)

*EATING RAW OYSTERS, CLAMS, OR MUSSELS MAY CAUSE SEVERE ILLNESS. IF YOU EAT THESE AND BECOME SICK, SEE A DOCTOR IMMEDIATELY.

⑤ Oysters

Steamed or raw available. Sept-April. Dozen or half dozen.

⑤ Steamed Veggies

Fresh garden veggies with butter and parmesan cheese.

⑤ Steamed Snow Crab Legs

Pound or ½ Pound

⑤ Clams*

Steamed or raw. Dozen or ½ Dozen

⑤ Shrimp + Veggie

Broccoli and carrots with 6 oz. spiced steamed shrimp.

⑤ Steamed Combo*

Please choose three from shrimp, clams, crab legs, veggies.



APPETIZERS

Al-E-Gator

No teeth, just tail. Real gator tail meat, harmlessly fried.

Black Pepper Seared Yellow Fin Tuna*

Tuna seared rare over wasabi slaw on a crispy wonton with ginger-soy glaze. Gluten-free without soy sauce.

Goombays Sampler

A taste of our faves. Fried coconut shrimp, rice rocket shrimp, and jalapeño crab balls. Perfect for two! No substitutions please.

Baked Stuffed Jalapeños

Pickled jalapeños with housemade cream cheese pimento filling. Served with chips and salsa. Cha-cha-cha. HOT

McCains Basket of Fries

Crab Stuffed Portobello Mushroom

A large mushroom cap marinated in balsamic vinaigrette, stuffed with a lump crab cake, and topped with melted fresh mozzarella, served over mixed greens.

Jalapeño Crab Balls

Hottest balls on the beach.

Coconut Shrimp

Golden fried plump shrimp rolled in coconut and served with mango chutney.

Brew City Onion Rings

Golden fried and served with ranch dressing or spicy Siracha ranch dressing..

Blackened Yellowfin Tuna Bites*

Seared blackened tuna filet with sweet & spicy Bang-Bang sauce, garnished with sea-weed salad.

Calamari

Golden fried with marinara for dipping.

Chips & Salsa

Crispy housemade tortillas with a side of fresh tomato salsa.

Rice Rocket Shrimp

Jumbo shrimp wrapped in crispy fried rice noodles with a sweet and spicy Asian chili sauce.

Goombays Award-Winning Wings

Wingy dings choose one out of four ways! 1) Jimmy Jamz hot sauce 2) Smoked Jamaican jerk with sweet citrus glaze 3) "Two Sauced" jerk wings with both sauces 4) Chesapeake Bay dusted with Old Bay seasoning. Add a side of celery & ranch or bleu cheese dressing

Classic Outer Banks Crab Dip

Crab meat ,cream cheese, and chef's special seasonings, served with crisp pita for dipping.

Grilled BBQ St. Louis Ribs

Appetizer portion of our tender ribs grilled with Chipotle BBQ sauce. Served with slaw.

Choice of Dressings: Blue cheese, Balsamic vinaigrette, :Mango vinaigrette, Ranch, Greek, or Honey Mustard.

Soups & Salads

Add protein to any salad: Chicken, Salmon, or Shrimp

Garden Salad

Mixed baby greens with fresh veggies.

Southwestern Crab Cake Salad

Our golden fried crab cake over mixed salad greens with fire roasted corn salsa, salad fixings and Sriracha-ranch dressing.

Goombays Salad

Large garden salad with either Jamaican jerk yellowfin tuna filet or plump shrimp skewer.

Wedge Salad

A wedge of iceberg lettuce with Applewood smoked bacon, candied pecans, bleu cheese crumbles, dried cranberries, and house made pear vinaigrette.

Greek Salmon Salad

Herb grilled Atlantic Salmon atop mixed greens tossed with Feta cheese, Kalamata olives, pepperoncini peppers, red onion, tomato, cucumber, carrots, and Greek dressing.

Caicos Coconut Shrimp Salad

Fried coconut shrimp (5) over mixed greens seared with mango vinaigrette, roasted red bell pepper, goat cheese, cucumber, and red onion.

Hatteras Clam Chowder

Clams, potatoes, bacon, carrots, celery, onions, and black pepper in clam broth. Bowl or cup.

Soup Du Jour

Cup or Bowl | Priced Daily

Big Kids Drinks

Crocodiles Rock

A few of these and you might feel extinct. Vodka, Midori, and pineapple juice.

Goombays Smash

Traditional island recipe with a Goombays keeper cup, a blend of rum, juices, and coconut.

Space Man Spiff

An out of this world Gulf Stream blue margarita.

Comes with a surprise toy, except where noted. (Kids aged 21 and up)

Killer Shark Cocktail

Lots of teeth in this one! Vodka and lemonade.

Beetle Juice

Drink one of these and you'll feel snug as a bug. Malibu rum, pineapple juice, and a splash of soda.

Dark & Stormy

Gosling Dark Rum is mixed with ginger beer for this Bermuda classic.

The Tiki Man Punch

Spiced rum, crème de cassis, banana liquor, pineapple juice, and Rose's lime in a keeper ceramic tiki mug.

DRINKS

Little Kids Drinks

Comes with a surprise toy.

Crocodile Punch

A blend of OJ, cranberry, and pineapple juices.

Freaky Frog

Pink lemonade, Mist Twist, and raspberry syrup.

Shirley Shark

Our creative version of the classic Shirley Temple.

Alien Elixir

A concoction any alien would love. Mist Twist and pink lemonade.

Creepy Cola

Pepsi and grenadine, no bite.

WE PROUDLY SERVE PEPSI PRODUCTS.
"BORN IN THE CAROLINAS"

Lunch Time

Served Happily 11:30 AM to 4 PM

SANDWICH ISLAND

All sandwiches come with tomato, lettuce, and your choice of fries, black beans & rice, cole slaw or corn chips & salsa.

Upgrade Your Side

Onion Rings | Side Salad | Sweet Potato Fries

Goombays Steak Sandwich

Thinly sliced steak grilled with your choice of cheese, sautéed onions, red and green bell peppers. Served on a freshly baked hoagie roll.

Crab Cake Sandwich

Fried lump crab meat with just enough panko to hold it together. It rocks!

Today's Fresh Fish Sandwich

We decide-grilled or fried. You have to roll with the tide.

Goombays Tuna Rueban

Grilled tuna steak on rye with sauerkraut, mustard, and thousand island make it the swimming cousin of a traditional reuben.

The Katie

Grilled chicken sandwich with fresh guacamole, chipotle BBQ sauce, Monterey jack cheese, lettuce and tomato served on a whole wheat bun.

Grilled Chicken Sandwich

Plain
With Swiss
With Country Ham & Swiss

The Goombays Grille

Grilled local tuna steak served with a side of Jamaican jerk paste or tartar sauce, your choice!

The Portobello

Portobello mushroom marinated in balsamic, then grilled. Served with roasted bell peppers, red onions, and fresh mozzarella cheese on a whole wheat bun.

BURGER BOATS

All Goombays burgers are 1/2 pound of 100% Angus beef, served with lettuce, tomato, pickle, and fries.

Hamburger

An American classic. Add your choice of American, cheddar, Swiss, or Monterey Jack

Country Ham & Cheddar Burger*

Jalapeno Burger

A burger topped with pickled jalapeños and Monterey Jack.

Black Bean Burger

An awesome twist to a veggie burger. Grilled, plain or with cheese.

Jamaican Jerk Burger

Jamaican jerk paste, grilled pineapple, and Swiss cheese.

Additions

Blackened | Mushrooms | Grilled Onions | Bacon

LUNCH LAGOON

Tuna Tacos

Jamaican jerk spiced tuna with black beans and rice, flour tortillas, and all the fixins to roll your own!

Grilled Fish Plate

Chef's whim featuring our freshest and localist!

Fish & Chips

A local fave! Chunks of fresh fish with fries and cole slaw.

Chicken Quesadilla

Spicy! Sautéed onions and jalapeños with chicken and cheese, served with black beans and rice.

Wrap Du Jour

Chef's whim! Wrapped in a soft flour tortilla with choice of side.

Caribbean Creole Pasta

Gulf shrimp and andouille sausage with spicy tomatto broth and veggies over pasta noodles.

Shrimp & Veggje Quesadilla

Sautéed shrimp and mixed veggies with melted Monterey jack and cheddar cheese. Served with black beans and rice.

The Fine Print

Please remember to drink responsibly! While we love to have fun at Goombays, please don't drink and drive! Remember, friends don't let friends drive drunk! Call a cab! Or we will be happy to call one for you.

We believe if you play together you can pay together. If separate checks are unavoidable (there's an app for that!) we ask that you limit them to four (4) per table and that you request them at the time of placing your drink order. This will allow us to serve you more efficiently and eliminate a few growls in the kitchen. We kindly request cash payments and exact change if possible to help expedite the transaction.

The Finer Print

*Eating raw or undercooked beef, eggs, fish, lamb, pork, poultry, or shell-fish may cause severe illness. People with the following conditions are at especially high risk: liver disease, alcoholism, diabetes, cancer, stomach or blood disorder or weakened immune system. Ask your doctor if you are unsure of your risk. If you eat any of these items and become sick, see a doctor immediately.

The Finest Print

Open 11:30 to 2:00 AM. Be nice. Love the turtles/ditch the straw. Don't shout. Sit up straight. Buy t-shirts, they're up front. Smile. No, it's not Flipper. Everything is good today. Use your silverware. Stop fidgeting. Did you wash your hands? Don't play with your food. Eat your vegetables. No, we don't have a wheelbarrow. Stop kicking your sister. Elbows off the table. Eat here or we'll both starve. Don't sweat the small stuff. Our chefs aren't fast cooks, our chefs are half fast cooks. Our motto is "you're not here for a long time, you're here for a good time". Relax you're on vacation. Don't be a stranger. Please help keep the beaches clean and thanks for stopping by!



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